



MASA® Class Schedule



Soo Bahk Do® Moo Duk Kwan™

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
T2 - Ninja Gym 4:20pm - 4:50pm	T2 - Ninja Gym 4:20pm - 4:50pm				T2 - Ninja Gym 8:30am - 9:00am 9:15am - 9:45am
T2 - Ninja Gym 5:00pm - 5:30pm			T2 - Ninja Gym 4:20pm - 4:50pm		T1 Dragonz 9:00am - 9:40am
	T1 - Dragonz 4:20pm - 5:00pm		T2 - Ninja Gym 5:00pm - 5:30pm		T2 Dragonz 9:50am - 10:30am
T1 - Dragonz 4:20pm - 5:00pm	T2- Dragonz 4:55pm - 5:35pm	T1 - Dragonz 4:20pm - 5:00pm	T1 - Dragonz 4:20pm - 5:00pm		T2 Dragonz 10:35am - 11:15am
T1 - Future Leaderz 5:00pm - 5:45pm	T1 - Future Leaderz 5:00pm - 5:45pm	T1 - Future Leaderz 5:00pm - 5:45pm			T1 - Future Leaderz 9:50am - 10:35 10:35 - 11:20am
	T2 - Future Leaders 5:45pm - 6:30pm				T2 - Future Leaderz 11:20am - 12:05am
T1 - Blackbelt Club 5:45pm - 6:35pm	T1 - Blackbelt Club 5:45pm - 6:35pm	T1 - Blackbelt Club 5:45pm - 6:35pm	T1 - Blackbelt Club 5:45pm - 6:35pm		T1 - Blackbelt Club 11:20am - 12:10pm
MDK Leaderz 6:45pm - 7:35pm	SBD Class All belt levels 6:45pm - 7:45pm	MDK Leaderz 6:45pm - 7:35pm	SBD Class White - Red 6:45pm - 7:45pm	Assessments From 3:30pm to 6:30pm	SBD Hyung All belt levels 12:15pm - 1pm Open floor to 1:30pm
			SBD Seniors Red 1 and above 7:15pm - 8:15pm		Assessments from 2:30pm to 5:30pm

T1 = Main Training Room, T2 - Second Training Room